

**ABSTRACT**

In one embodiment, a flame resistant fabric includes a plurality of flame resistant body yarns that form a body of the fabric, and a plurality of relatively tough yarns provided in discrete positions within the fabric body, the relatively tough yarns comprising a filament yarn that includes a filament composed of one of polyolefin, flame resistant polyester, polytetrafluoroethylene, polyetheretherketone, polyetherimide, polysulfar, polyimide, polyamide, polyimideamide, polybenzoxazole, polybenzimidazole, carbon, and glass.